

PROFESSIONAL PROFILE

Cecilia Nakhungu Mbat

Corporate Trainer & Capacity Development Specialist | President, Interior Design Society of Kenya (IDSK)

Accomplished trainer and capacity-development specialist with 15+ years of experience spanning competency-based education, organizational strengthening, and strategic leadership. Currently serving as President of the Interior Design Society of Kenya (IDSK), with a proven track record of building structured training pipelines, mentoring emerging professionals, and equipping SMEs and individuals with the systems and strategic thinking needed to grow.

Core Expertise

Training & Capacity Development

- Competency-based education delivery as a Trainer at a National Polytechnic
- Founder of the Industry Integration Program (IIP), a structured mentorship initiative equipping students and young professionals with practical exposure and career direction
- SME and individual capacity building, with a focus on communication, positioning, and systems thinking
- Mentorship of emerging professionals, bridging education, industry, and real-world employability

Strategy & Management

- Strategic management approached as an instrument for impact, efficiency, and sustainable enterprise — not merely a creative discipline
- Organizational strengthening and performance optimization
- Project management and quality assurance across multidisciplinary assignments
- Governance and policy, including structured professional practice and industry recognition initiatives

Leadership & Industry Development

- President, Interior Design Society of Kenya (IDSK) — championing structured professional practice and inclusivity
- Stakeholder engagement and partnership development across education and industry
- Team leadership across hospitality, commercial, and residential sector projects

Professional Highlights

Capacity Building Impact: Founded and curated the Industry Integration Program (IIP), a structured mentorship initiative under IDSK equipping students and young professionals with practical exposure,

discipline, and career direction.

Academic Foundation: Bachelor of Arts in Design (University of Nairobi), MBA (Jomo Kenyatta University of Agriculture and Technology), and a Postgraduate Diploma in Technical Trainer Education (Open University) — a combination that grounds her training practice in both strategic management and adult-education methodology.

Field-Tested Experience: Contributed to large-scale multidisciplinary assignments including port development projects, and delivered resilient solutions within United Nations operations in Somalia under demanding environments — experience that informs a practical, field-tested approach to training and organizational strengthening.

Industry Leadership: As President of IDSK, leads efforts to formalize interior design as a recognized profession in Kenya, championing structured practice and inclusivity across the industry.

Value Proposition

A results-oriented trainer who combines strategic management expertise with hands-on capacity-building experience. Adept at translating organizational and professional development goals into structured, practical training programs that build durable systems, scalable careers, and sustainable businesses.

Contact

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